

| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protrn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|------------|----------|-----------|-----------|-------------------------|
| Mon - 05/01/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Pizza, Domino's Ch & Pepp | 1 Each | 315 | 20 | 645 | 4.00 | 2.70 | 474.9 | 750 | 6.0 | 4 | 21.5 | 38.99 | 8.5 | 3.75 | 0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip Dough 1 Oz* | 1 Each | 110 | 0 | 60 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | 9 | 1.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 599 | 23 | 848 | 9.42 | 3.87 | 688.4 | 16599 | 68.30 | *39 | 28.22 | 95.30 | 13.18 | 4.97 | *0.00 |
| % of Calories | | | | | | | | | | *25.8% | 18.8% | 63.6% | 19.8% | 7.5% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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|----------------------------|-----------|---------|----|------|------|-------|-------|------|------|-------|-------|-------|--------|--------|-------|
| Tue - 05/02/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *G&GSandwich, Turkey Club* | Sandwiche | 292 | 45 | 693 | 3.16 | *2.08 | *40.7 | *451 | 6.04 | *4 | 24.74 | 32.79 | 7.85 | 2.57 | *0.00 |
| Weighted Daily Average | | 292 | 45 | 693 | 3.16 | *2.08 | *40.7 | *451 | 6.04 | *4 | 24.74 | 32.79 | 7.85 | 2.57 | *0.00 |
| % of Calories | | | | | | | | | | *5.1% | 33.9% | 44.9% | 24.2% | 7.9% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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|-----------------------------|-----------------|---------|----|------|------|------|-------|-------|-------|--------|-------|--------|--------|--------|-------|
| Wed - 05/03/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Cheeseburger, Bacon Ranch | Cheeseburger | 501 | 83 | 1467 | 3.50 | 3.40 | 165.3 | 554 | 13.32 | *9 | 30.83 | 42.36 | 23.58 | 7.28 | *0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrot sticks - ele snack* | 3 Ounce Serving | 35 | 0 | 59 | 2.38 | 0.26 | 28.1 | 14208 | 5.02 | 4 | 0.79 | 8.15 | 0.2 | 0.03 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| *Chip, Variety* | 1 Each | 135 | 0 | 160 | 1.81 | 0.23 | 8.0 | 40 | 0.48 | 2 | 2.03 | 21.91 | 4.36 | 0.21 | 0.00 |
| Weighted Daily Average | | 958 | 98 | 1986 | 9.57 | 4.06 | 869.9 | 15997 | 49.00 | *55 | 52.33 | 120.43 | 30.86 | 9.06 | *0.00 |
| % of Calories | | | | | | | | | | *22.9% | 21.8% | 50.3% | 29.0% | 8.5% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 05/04/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Burrito, Ultra Bean & Cheese* | 1 Each | 363 | 16 | 528 | 4.40 | 2.97 | 110.0 | 0 | 0.0 | 1 | 16.5 | 46.2 | 12.1 | 4.40 | 0.00 |
| Weighted Daily Average | | 363 | 16 | 528 | 4.40 | 2.97 | 110.0 | 0 | 0.00 | 1 | 16.50 | 46.20 | 12.10 | 4.40 | 0.00 |
| % of Calories | | | | | | | | | | 1.2% | 18.2% | 50.9% | 30.0% | 10.9% | 0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 05/05/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Chicken Patty Mini Sandwich | 1 Each | 250 | 15 | 500 | 4.00 | 1.80 | 80.0 | 0 | 0.0 | 2 | 11.0 | 31.0 | 10.0 | 3.50 | 0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip Dough 1 Oz* | 1 Each | 110 | 0 | 60 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | 9 | 1.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 535 | 18 | 703 | 9.42 | 2.97 | 293.5 | 15849 | 62.30 | *37 | 17.72 | 87.31 | 14.68 | 4.72 | *0.00 |
| % of Calories | | | | | | | | | | *27.5% | 13.3% | 65.3% | 24.7% | 7.9% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-----------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 05/08/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Pizza, Domino's Ch & Pepp | 1 Each | 315 | 20 | 645 | 4.00 | 2.70 | 474.9 | 750 | 6.0 | 4 | 21.5 | 38.99 | 8.5 | 3.75 | 0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip IW 1 Oz* | 1 each | 110 | 10 | 60 | 1.00 | 0.72 | 0.0 | 0 | 1.2 | 9 | 2.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 599 | 33 | 848 | 9.42 | 3.87 | 688.4 | 16599 | 69.50 | *39 | 29.22 | 95.30 | 13.18 | 4.97 | *0.00 |
| % of Calories | | | | | | | | | | *25.8% | 19.5% | 63.6% | 19.8% | 7.5% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-------------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 05/09/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *GRAB N GO #2-Chc Caesar Sld* | 1 EACH | 473 | 80 | 990 | 3.41 | 4.21 | 382.6 | 1259 | 45.71 | *22 | 32.55 | 40.66 | 21.38 | 7.54 | *0.00 |
| Weighted Daily Average | | 473 | 80 | 990 | 3.41 | 4.21 | 382.6 | 1259 | 45.71 | *22 | 32.55 | 40.66 | 21.38 | 7.54 | *0.00 |
| % of Calories | | | | | | | | | | *18.6% | 27.5% | 34.4% | 40.7% | 14.4% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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|--------------------------------|-----------------|---------|----|------|-------|------|-------|-------|-------|--------|-------|--------|--------|--------|-------|
| Wed - 05/10/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Cheeseburger With The Works!* | Cheeseburger | 340 | 38 | 551 | 4.44 | 3.40 | 165.3 | 554 | 15.02 | *4 | 21.3 | 34.3 | 13.97 | 5.02 | *0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrot sticks - ele snack* | 3 Ounce Serving | 35 | 0 | 59 | 2.38 | 0.26 | 28.1 | 14208 | 5.02 | 4 | 0.79 | 8.15 | 0.2 | 0.03 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| *Chip, Variety* | 1 Each | 135 | 0 | 160 | 1.81 | 0.23 | 8.0 | 40 | 0.48 | 2 | 2.03 | 21.91 | 4.36 | 0.21 | 0.00 |
| Weighted Daily Average | | 797 | 53 | 1070 | 10.51 | 4.06 | 869.9 | 15997 | 50.70 | *50 | 42.80 | 112.38 | 21.25 | 6.80 | *0.00 |
| % of Calories | | | | | | | | | | *25.1% | 21.5% | 56.4% | 24.0% | 7.7% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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|------------------------------|--------|---------|----|------|------|------|-------|-----|------|------|-------|-------|--------|--------|------|
| Thu - 05/11/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Sandwich, Grilled Cheese IW | 1 Each | 245 | 24 | 479 | 3.00 | 1.64 | 362.2 | 393 | 0.0 | 5 | 15.03 | 30.11 | 7.83 | 4.25 | 0.00 |
| Weighted Daily Average | | 245 | 24 | 479 | 3.00 | 1.64 | 362.2 | 393 | 0.00 | 5 | 15.03 | 30.11 | 7.83 | 4.25 | 0.00 |
| % of Calories | | | | | | | | | | 7.9% | 24.6% | 49.2% | 28.8% | 15.6% | 0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protrn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|------------|----------|-----------|-----------|-------------------------|
| Fri - 05/12/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Sandwich, Spicy Chic (SEC)* | Sandwich | 427 | 25 | 641 | 5.64 | 3.50 | 87.9 | 460 | 13.37 | *5 | 21.35 | 46.49 | 17.07 | 3.05 | *0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip Dough 1 Oz* | 1 Each | 110 | 0 | 60 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | 9 | 1.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 711 | 28 | 844 | 11.05 | 4.67 | 301.4 | 16309 | 75.66 | *39 | 28.08 | 102.80 | 21.75 | 4.27 | *0.00 |
| % of Calories | | | | | | | | | | *22.2% | 15.8% | 57.8% | 27.5% | 5.4% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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|-----------------------------|----------|---------|----|------|------|------|-------|-------|-------|--------|-------|-------|--------|--------|-------|
| Mon - 05/15/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Pizza, Domino's Ch & Pepp | 1 Each | 315 | 20 | 645 | 4.00 | 2.70 | 474.9 | 750 | 6.0 | 4 | 21.5 | 38.99 | 8.5 | 3.75 | 0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip IW 1 Oz* | 1 each | 110 | 10 | 60 | 1.00 | 0.72 | 0.0 | 0 | 1.2 | 9 | 2.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 599 | 33 | 848 | 9.42 | 3.87 | 688.4 | 16599 | 69.50 | *39 | 29.22 | 95.30 | 13.18 | 4.97 | *0.00 |
| % of Calories | | | | | | | | | | *25.8% | 19.5% | 63.6% | 19.8% | 7.5% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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|----------------------------|--------|---------|----|------|------|-------|--------|--------|-------|--------|-------|-------|--------|--------|-------|
| Tue - 05/16/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *GRAB N GO #1-Turkey Club* | 1 Each | 462 | 49 | 867 | 6.56 | *2.43 | *321.5 | *15655 | 40.87 | *26 | 33.14 | 66.21 | 8.79 | 3.00 | *0.00 |
| Weighted Daily Average | | 462 | 49 | 867 | 6.56 | *2.43 | *321.5 | *15655 | 40.87 | *26 | 33.14 | 66.21 | 8.79 | 3.00 | *0.00 |
| % of Calories | | | | | | | | | | *22.4% | 28.7% | 57.4% | 17.1% | 5.8% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|-----------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 05/17/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Sandwich, Spicy Chic (SEC)* | Sandwich | 427 | 25 | 641 | 5.64 | 3.50 | 87.9 | 460 | 13.37 | *5 | 21.35 | 46.49 | 17.07 | 3.05 | *0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrot sticks - ele snack* | 3 Ounce Serving | 35 | 0 | 59 | 2.38 | 0.26 | 28.1 | 14208 | 5.02 | 4 | 0.79 | 8.15 | 0.2 | 0.03 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| *Chip, Variety* | 1 Each | 135 | 0 | 160 | 1.81 | 0.23 | 8.0 | 40 | 0.48 | 2 | 2.03 | 21.91 | 4.36 | 0.21 | 0.00 |
| Weighted Daily Average | | 884 | 40 | 1160 | 11.71 | 4.16 | 792.5 | 15902 | 49.05 | *50 | 42.85 | 124.57 | 24.34 | 4.84 | *0.00 |
| % of Calories | | | | | | | | | | *22.8% | 19.4% | 56.4% | 24.8% | 4.9% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | | | | | | | | | | | | | | | |
|--------------------------------|--------|---------|----|------|------|-------|--------|--------|--------|--------|-------|-------|--------|--------|-------|
| Thu - 05/18/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *GRAB N GO #4-Chic Salad Sand* | 1 EACH | 556 | 78 | 807 | 6.84 | *1.97 | *334.5 | *15824 | *57.37 | *34 | 33.56 | 78.74 | 12.71 | 1.39 | *0.00 |
| Weighted Daily Average | | 556 | 78 | 807 | 6.84 | *1.97 | *334.5 | *15824 | *57.37 | *34 | 33.56 | 78.74 | 12.71 | 1.39 | *0.00 |
| % of Calories | | | | | | | | | | *24.7% | 24.1% | 56.6% | 20.5% | 2.2% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | | | | | | | | | | | | | | | |
|--------------------------------|----------|---------|----|------|------|------|-------|-------|-------|--------|-------|-------|--------|--------|-------|
| Fri - 05/19/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Cheeseburger Twins* | 1 Each | 272 | 31 | 475 | 2.39 | 3.09 | 114.2 | 79 | 10.3 | 3 | 18.65 | 29.82 | 9.0 | 3.00 | 0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip Dough 1 Oz* | 1 Each | 110 | 0 | 60 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | 9 | 1.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 557 | 34 | 678 | 7.81 | 4.26 | 327.7 | 15928 | 72.60 | *38 | 25.37 | 86.13 | 13.68 | 4.22 | *0.00 |
| % of Calories | | | | | | | | | | *27.0% | 18.2% | 61.9% | 22.1% | 6.8% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-----------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 05/22/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Pizza, Domino's Ch & Pepp | 1 Each | 315 | 20 | 645 | 4.00 | 2.70 | 474.9 | 750 | 6.0 | 4 | 21.5 | 38.99 | 8.5 | 3.75 | 0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip IW 1 Oz* | 1 each | 110 | 10 | 60 | 1.00 | 0.72 | 0.0 | 0 | 1.2 | 9 | 2.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 599 | 33 | 848 | 9.42 | 3.87 | 688.4 | 16599 | 69.50 | *39 | 29.22 | 95.30 | 13.18 | 4.97 | *0.00 |
| % of Calories | | | | | | | | | | *25.8% | 19.5% | 63.6% | 19.8% | 7.5% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | | | | | | | | | | | | | | | |
|-------------------------------|--------|---------|----|------|------|------|-------|------|-------|--------|-------|-------|--------|--------|-------|
| Tue - 05/23/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *GRAB N GO #2-Chc Caesar Sld* | 1 EACH | 473 | 80 | 990 | 3.41 | 4.21 | 382.6 | 1259 | 45.71 | *22 | 32.55 | 40.66 | 21.38 | 7.54 | *0.00 |
| Weighted Daily Average | | 473 | 80 | 990 | 3.41 | 4.21 | 382.6 | 1259 | 45.71 | *22 | 32.55 | 40.66 | 21.38 | 7.54 | *0.00 |
| % of Calories | | | | | | | | | | *18.6% | 27.5% | 34.4% | 40.7% | 14.4% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | | | | | | | | | | | | | | | |
|--------------------------------|-----------------|---------|----|------|-------|------|-------|-------|-------|--------|-------|--------|--------|--------|-------|
| Wed - 05/24/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Cheeseburger With The Works!* | Cheeseburger | 340 | 38 | 551 | 4.44 | 3.40 | 165.3 | 554 | 15.02 | *4 | 21.3 | 34.3 | 13.97 | 5.02 | *0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrot sticks - ele snack* | 3 Ounce Serving | 35 | 0 | 59 | 2.38 | 0.26 | 28.1 | 14208 | 5.02 | 4 | 0.79 | 8.15 | 0.2 | 0.03 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| *Chip, Variety* | 1 Each | 135 | 0 | 160 | 1.81 | 0.23 | 8.0 | 40 | 0.48 | 2 | 2.03 | 21.91 | 4.36 | 0.21 | 0.00 |
| Weighted Daily Average | | 797 | 53 | 1070 | 10.51 | 4.06 | 869.9 | 15997 | 50.70 | *50 | 42.80 | 112.38 | 21.25 | 6.80 | *0.00 |
| % of Calories | | | | | | | | | | *25.1% | 21.5% | 56.4% | 24.0% | 7.7% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 05/25/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *GRAB N GO #5 Chic Caesar Wrp* | 1 EACH | 475 | 60 | 851 | 6.67 | 6.68 | 445.9 | 1248 | 44.21 | *22 | 32.45 | 63.93 | 12.34 | 5.90 | *0.00 |
| Weighted Daily Average | | 475 | 60 | 851 | 6.67 | 6.68 | 445.9 | 1248 | 44.21 | *22 | 32.45 | 63.93 | 12.34 | 5.90 | *0.00 |
| % of Calories | | | | | | | | | | *18.6% | 27.3% | 53.9% | 23.4% | 11.2% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 05/26/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Sandwich, Spicy Chic (SEC)* | Sandwich | 427 | 25 | 641 | 5.64 | 3.50 | 87.9 | 460 | 13.37 | *5 | 21.35 | 46.49 | 17.07 | 3.05 | *0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip Dough 1 Oz* | 1 Each | 110 | 0 | 60 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | 9 | 1.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 711 | 28 | 844 | 11.05 | 4.67 | 301.4 | 16309 | 75.66 | *39 | 28.08 | 102.80 | 21.75 | 4.27 | *0.00 |
| % of Calories | | | | | | | | | | *22.2% | 15.8% | 57.8% | 27.5% | 5.4% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 05/29/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Pizza, Domino's Ch & Pepp | 1 Each | 315 | 20 | 645 | 4.00 | 2.70 | 474.9 | 750 | 6.0 | 4 | 21.5 | 38.99 | 8.5 | 3.75 | 0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrots, Raw* | servings | 37 | 0 | 63 | 2.54 | 0.27 | 29.9 | 15155 | 5.35 | 4 | 0.84 | 8.69 | 0.22 | 0.03 | 0.00 |
| *Cookie, Choc Chip Dough 1 Oz* | 1 Each | 110 | 0 | 60 | 1.00 | 0.72 | 0.0 | 0 | 0.0 | 9 | 1.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| *Juice, 100% Fruit | 1 Each | 60 | 0 | 9 | 0.00 | 0.00 | 20.0 | 500 | 60.0 | 12 | 0.0 | 14.8 | 0.0 | 0.00 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | 599 | 23 | 848 | 9.42 | 3.87 | 688.4 | 16599 | 68.30 | *39 | 28.22 | 95.30 | 13.18 | 4.97 | *0.00 |
| % of Calories | | | | | | | | | | *25.8% | 18.8% | 63.6% | 19.8% | 7.5% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

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| | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 05/30/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *G&GSandwich, Turkey Club* | Sandwiche | 292 | 45 | 693 | 3.16 | *2.08 | *40.7 | *451 | 6.04 | *4 | 24.74 | 32.79 | 7.85 | 2.57 | *0.00 |
| Weighted Daily Average | | 292 | 45 | 693 | 3.16 | *2.08 | *40.7 | *451 | 6.04 | *4 | 24.74 | 32.79 | 7.85 | 2.57 | *0.00 |
| % of Calories | | | | | | | | | | *5.1% | 33.9% | 44.9% | 24.2% | 7.9% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | | | | | | | | | | | | | | | |
|-----------------------------|-----------------|---------|----|------|------|------|-------|-------|-------|--------|-------|--------|--------|--------|-------|
| Wed - 05/31/2023 | | | | | | | | | | | | | | | |
| *CVHS Lunch | Total | | | | | | | | | | | | | | |
| *Cheeseburger, Bacon Ranch | Cheeseburger | 501 | 83 | 1467 | 3.50 | 3.40 | 165.3 | 554 | 13.32 | *9 | 30.83 | 42.36 | 23.58 | 7.28 | *0.00 |
| *Fruit, Fresh (.5 c serv)* | .5 Cups | 47 | 0 | 1 | 1.88 | 0.18 | 18.5 | 194 | 25.98 | *6 | 0.68 | 12.02 | 0.21 | 0.04 | *0.00 |
| *Carrot sticks - ele snack* | 3 Ounce Serving | 35 | 0 | 59 | 2.38 | 0.26 | 28.1 | 14208 | 5.02 | 4 | 0.79 | 8.15 | 0.2 | 0.03 | 0.00 |
| *Milk, 1%* | 8 oz | 120 | 10 | 150 | 0.00 | 0.00 | 350.0 | 500 | 2.4 | 14 | 10.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| *Milk, Chocolate Non Fat* | 8 oz | 120 | 5 | 150 | 0.00 | 0.00 | 300.0 | 500 | 1.8 | 20 | 8.0 | 22.0 | 0.0 | 0.00 | 0.00 |
| *Chip, Variety* | 1 Each | 135 | 0 | 160 | 1.81 | 0.23 | 8.0 | 40 | 0.48 | 2 | 2.03 | 21.91 | 4.36 | 0.21 | 0.00 |
| Weighted Daily Average | | 958 | 98 | 1986 | 9.57 | 4.06 | 869.9 | 15997 | 49.00 | *55 | 52.33 | 120.43 | 30.86 | 9.06 | *0.00 |
| % of Calories | | | | | | | | | | *22.9% | 21.8% | 50.3% | 29.0% | 8.5% | *0.0% |
| Nutrient Guideline | | 750-850 | | 1420 | | | | | | | | | <=35.0 | <10.00 | |

| | | | | | | | | | | | | | | | |
|------------------|--|-----|----|-----|------|-------|--------|--------|--------|--------|-------|-------|-------|------|-------|
| Weighted Average | | 589 | 47 | 934 | 7.78 | *3.68 | *493.9 | *11470 | *48.94 | *32 | 31.38 | 81.64 | 16.46 | 5.13 | *0.00 |
| | | | | | | | | | | *49.7% | 21.3% | 55.5% | 25.2% | 7.8% | *0.0% |

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| Nutrient | Menu AVG | Portion Size | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) | Error Messages (if any) |
|----------------------------|----------|--------------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|--|
| Calories | 589 | | 750 - 850 | | 78% | | | 161 | | | | | | | | | Correction Required - Calories are Low |
| Cholesterol (mg) | 47 | | | | | | | | | | | | | | | | |
| Sodium (mg) | 934 | | 1420 | | | | | | | | | | | | | | |
| Fiber (g) | 7.78 | | | | | | | | | | | | | | | | |
| Iron (mg) | 3.68 | | | | | Missing | | | | | | | | | | | |
| Calcium (mg) | 493.9 | | | | | Missing | | | | | | | | | | | |
| Vitamin A (IU) | 11470 | | | | | Missing | | | | | | | | | | | |
| Sugars (g) | 32 | 22.07% | | | | Missing | | | | | | | | | | | |
| Vitamin C (mg) | 48.94 | | | | | Missing | | | | | | | | | | | |
| Protein (g) | 31.38 | 21.33% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 81.64 | 55.49% | | | | | | | | | | | | | | | |
| Total Fat (g) | 16.46 | 25.17% | | | | | | | | | | | | | | | |
| Saturated Fat (g) | 5.13 | 7.85% | | | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | | | | | | | | | | | | | | |

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